

SAMPLE DINING MENU

EAST VILLAGE PLACE

 A WATERMARK COMMUNITY

Our chefs are constantly introducing new menus for our residents. Below is a sampling of menu items our residents enjoy daily.

SOUPS

Mulligatawny Soup

A Creamy Chicken Rice Soup with sautéed Vegetables, Apples, Eggplant and seasoned with Curry

French Onion Soup

Caramelized Onions in a Sherry infused Broth and topped with freshly shredded Parmesan Cheese

New England Style Clam Chowder

Creamy Clam based Broth with Onions, Celery, Potatoes and Clams seasoned with fresh Thyme and Basil

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SALADS

Dressings: Blue Cheese, Balsamic Vinaigrette, Raspberry Vinaigrette, French, Honey Mustard, Italian, Lite Italian, Ranch

Seasonal Fresh Fruit Salad

Seasonal fresh Fruit served on a bed of Leaf Lettuce

Caesar Salad

Fresh Romaine Greens topped with homemade Croutons & shredded Parmesan Cheese and tossed with Caesar Dressing

Grilled Shrimp Kale Salad

Grilled Shrimp served on a bed of fresh cut Kale with garden fresh Vegetables and your choice of Dressing

Fresh Garden Salad

Fresh Garden Greens served with your choice of Dressing

Ambrosia Salad

Fresh seasonal Fruit, Walnuts and Marshmallows in a sweet Dressing

Waldorf Salad

Red Delicious, Granny Smith and Gala Apples with Celery and Walnuts in a sweet Dressing

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ACCOMPANIMENTS

Broccoli Salad

Brown Rice Pilaf

Garlic Mashed Potatoes

Herbed Roasted Potatoes

Harvard Style Beets

Minestrone Salad

Mushroom Risotto

Oven Roasted Red Skin Potatoes

Roasted Sweet Potato

Seasonal Vegetable Medley

Spinach Orzo

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FEATURED ENTRÉES

Roast Beef with Au Jus

Slow roasted Roast Beef served with natural Au Jus and Horseradish Sauce

BBQ Beef Brisket

Slow roasted Beef Brisket in a Sweet BBQ Sauce

Maple Roasted Pork Loin

Maple basted slow roasted Pork Loin

Baked Glazed Ham

Pit Ham served with Brown Sugar Glaze

Pesto Shrimp Alfredo

Sautéed Shrimp tossed in a Basil Pesto Parmesan Sherry infused Sauce

Roasted Chicken Cordon Bleu

Roasted Breast of Chicken stuffed with Ham, Swiss and Cream Cheese topped with a White Wine Veloute Sauce

Eastern Shore Crab Cakes

Eastern Shore classic Crab Cakes served with Remoulade Sauce

Sole Florentine

Filet of Sole stuffed with Spinach and topped with Hollandaise Sauce

Herbed Filet of Haddock

Delivered fresh Filet of Haddock topped with fresh Herbs and Spices served with Tartar Sauce and a Lemon Wedge

Crispy Oven Fried Chicken

Farm Fresh Chicken breaded and oven fried to perfection

Chicken Marsala

Farm Fresh Chicken seasoned and served in a Marsala Sauce

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DESSERT

Banana Walnut Bread Pudding with Caramel Sauce

Homemade Seasonal Fruit Crisps

White Chocolate & Dark Chocolate Chip Cookies

Seasonal Whole or Chopped Fresh Fruit

Assorted Sugar Free Fruit Pies

Sugar Free Cupcake with Frosting

Sugar Free Ice Cream