

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Note:</u> Activities in bold depict special programs such as live entertainment, religious services, & Watermark University Classes	Dates to Remember Friday, 2/1: Catholic Mass Sunday, 2/3: Superbowl Sunday Tuesday, 2/5 :Drumming Circle Wednesday, 2/6: Resident Council Thursday, 2/7: Exercise w. Tyrone Friday, 2/8: Ethan Stone performs Saturday, 2/9: Art Therapy w. Carol	Dates to Remember Tuesday, 2/12: Discovery Lecture Wednesday, 2/13: Jeff the Plant Guy Thursday, 2/14: Exercise w. Tyrone Friday, 2/15: John Paolilo performs Saturday, 2/16: Service w. Pastor O'Dell	Dates to Remember Tuesday, 2/19: East Chicago Joe Wednesday, 2/20: Veteran's Club Thursday, 2/21: Men's Breakfast Outing Thursday, 2/21: Exercise w. Tyrone Saturday, 2/23: Mickey Wyllys performs	Dates to Remember Tuesday, 2/26: Willie Ninger performs Wednesday, 2/27: Food for Thought Thursday, 2/28: Exercise w. Tyrone Thursday, 2/28: Mixology 101 (in pub)	9:45AM-Morning Exercise w/CL 10:30AM-Crosswords with Mike 1:00PM-Rosary in Library 1:30PM-Catholic Mass w/Father 3:30PM- Art of Aromatherapy: Rest & Relaxation 6:30PM-Sing Along w/Nayas	9:45AM-Morning Exercise w/CL 10:30AM- "All Faith" Spiritual Gathering of Prayer 1:30PM- Therapeutic Art with Sterling 3:30PM- Family Feud 6:30PM- Weekly Word Search
Superbowl Sunday 9:30AM-Mass @ St. Michael's 9:45AM-Music/Motion Exercise 10:00AM-Mass on TV Act Room 1:30PM- Cinema Sunday: The Light Between Oceans (Act. room) 3:30PM-Coffee Social in Café 6:30PM-Superbowl Party!	9:45AM-Morning Exercise w/CL 10:30AM- Valentine's Bingo 1:00PM-Rosary in Library 1:30PM- Good News Only 3:00PM- Happy Hour in Pub 6:30PM- Poker Night	9:45AM-Morning Exercise w/CL 10:00AM- Painting w/Pam 10:30AM- Drumming Circle 1:00PM-Rosary in Library 1:30PM- Valentine Pen Pals 3:30PM- Memories in Ink 6:30PM- Color me Calm	9:45AM-Morning Exercise w/CL 10:30AM- Resident Council 1:00PM-Rosary in Library 1:30PM- Kitten Therapy w/ Luna 2:00PM- Flower Arranging with Jess: True Love's Bouquet 2:30PM- History in the Making 6:30PM- <i>Jack Benny Show</i>	9:45AM- Exercise with Tyrone 10:45AM- Horoscope Readings 1:00PM-Rosary in Library 1:30PM- Current Events 3:00PM- Happy Hour in Pub 3:45PM-Pet Therapy w/Monroe 6:30PM- Puzzles & Games	9:45AM-Morning Exercise w/CL 10:30AM-Crosswords with Mike 1:00PM-Rosary in Library 1:30PM- Ethan Stone performs 3:30PM- Valentine's Craft 6:30PM-Sing Along w/Nayas	9:45AM-Morning Exercise w/CL 10:30AM- Art Therapy with Carol 1:30PM- "All Faith" Spiritual Gathering of Prayer 3:30PM- The Price is Right 6:30PM-Weekly Word Search
9:30AM-Mass @ St. Michael's 9:45AM-Music/Motion Exercise 10:00AM-Mass on TV Act Room 10:30AM-Spiritual Sing Along 1:30PM- Cinema Sunday: The Notebook (Act. room) 3:30PM-Manicures with Nayas 6:30PM-Assorted Games /Nay	9:45AM-Morning Exercise w/CL 10:30AM- Valentine's Bingo 1:00PM-Rosary in Library 1:30PM- Wonders of Watercolor 3:00PM-Happy Hour in Pub 6:30PM-Poker Night	9:45AM-Morning Exercise w/CL 10:00AM- Painting w/Pam 10:30AM- Discovery Lecture 1:00PM-Rosary in Library 1:30PM- Poetry Circle: <i>Love Poems</i> 3:30PM- Fun with Fleece 6:30PM-Color me Calm	9:45AM-Morning Exercise w/CL 10:00AM- Jeff the Plant Guy 1:00PM-Rosary in Library 1:15PM- Historic Tours Outing 1:30PM- Current Events 3:30PM- Girl Scout Cookie Tasting! 6:30PM- <i>I Love Lucy</i>	Valentine's Day 9:45AM- Exercise with Tyrone 10:45AM- Horoscope Readings 1:00PM-Rosary in Library 1:30PM- Ice Cream Sundae Bar! 3:00PM- Happy Hour in Pub 3:45PM-Pet Therapy w/Monroe 6:30PM- Puzzles & Games	9:45AM-Morning Exercise w/CL 10:30AM- John Paolilo performs 1:00PM-Rosary in Library 1:30PM- Quick Culinary Creations: Oreo Truffles 3:30PM- Wii Sports 6:30PM-Sing Along w/Nayas	9:45AM-Morning Exercise w/CL 10:30AM- "All Faith" Spiritual Gathering of Prayer 1:30PM- Therapeutic Art with Sterling 3:00PM- Service w/Pastor O'Dell 6:30PM-Weekly Word Search
9:30AM-Mass @ St. Michael's 9:45AM-Music/Motion Exercise 10:00AM-Mass on TV Act Room 10:30AM-Spiritual Sing Along 1:30PM- Cinema Sunday: The Zookeeper's Wife (Act. room) 3:30PM-Manicures with Nayas 6:30PM-Assorted Games /Nayas	9:45AM-Morning Exercise w/CL 10:30AM- Early Bird Bingo 1:00PM-Rosary in Library 1:30PM- Good News Only 3:00PM-Happy Hour in Pub 6:30PM- Poker Night	9:45AM-Morning Exercise w/CL 10:00AM- Painting w/Pam 10:30AM-Bean Bag Bonanza 1:00PM-Rosary in Library 1:30PM- East Chicago Joe performs 3:30PM- Scrapbooking Club 6:30PM- Color me Calm	9:45AM-Morning Exercise w/CL 10:30AM- Reflections of Retired Heroes (Veteran's Group) 11:30AM- AL Lunch Outing 1:00PM-Rosary in Library 1:30PM- National Parks & Historic Places w/ Patti 3:30PM- Sewing with Sterling 6:30PM- <i>The Three Stooges</i>	9:00AM- Men's Breakfast Outing 9:45AM- Exercise with Tyrone 10:45AM- Horoscope Readings 1:00PM- Rosary in Library 1:30PM- Current Events 3:00PM- Happy Hour in Pub 3:45PM- Pet Therapy w/Monroe 6:30PM- Puzzles & Games	9:45AM-Morning Exercise w/CL 10:00AM-Crosswords with Mike 1:00PM-Rosary in Library 1:30PM- DIY Recipe Jars 3:30PM- Kitten Therapy w/ Luna 6:30PM- Sing Along w/Nayas	9:45AM-Morning Exercise w/CL 10:30AM- "All Faith" Spiritual Gathering of Prayer 1:30PM- Mickey Wyllys performs 3:30PM- Charades 6:30PM-Weekly Word Search
9:30AM-Mass @ St. Michael's 9:45AM-Music/Motion Exercise 10:00AM-Mass on TV Act Room 10:30AM-Spiritual Sing Along 1:30PM- Cinema Sunday: Age of Adeline (Act. room) 3:30PM-Manicures with Nayas 6:30PM-Assorted Games /Nayas	9:45AM-Morning Exercise w/CL 10:30AM- Early Bird Bingo 1:00PM-Rosary in Library 1:30PM- Butter 101 3:00PM-Happy Hour in Pub 6:30PM- Poker Night	9:45AM-Morning Exercise w/CL 10:00AM- Painting w/Pam 10:30AM-Bowling to the Beatles 1:00PM- Rosary in Library 1:30PM- Willie Ninger performs 3:30PM- Soap-Making Class! 6:30PM- Color me Calm	9:45AM-Morning Exercise w/CL 10:00AM- Food For Thought 1:00PM- Rosary in Library 1:30PM- Letters to Loved Ones 3:30PM- Sunshine Club 6:30PM- <i>I Love Lucy</i>	9:45AM- Exercise with Tyrone 10:45AM- Horoscope Readings 1:00PM-Rosary in Library 1:30PM- Good News Only 3:00PM- Mixology 101 (pub) 3:45PM-Pet Therapy w/Monroe 6:30PM-Puzzles & Games		
Resident Outing Wednesday, February 13th Plan to depart at 1:15 PM Historic Tours of Western MA is a new W.U. course where residents will enjoy a scenic drive to explore local landmarks & historic regions in nearby towns. <i>Please sign up asap, seating is limited.</i>	Resident Lunch Outing Wednesday, February 20th Plan to depart at 11:15 AM Lunch at the Frontera Grill Satisfy your hunger for authentic Mexican and Mexican-American food at Frontera Grill in Springfield, MA. Our locally-owned-and-operated restaurant serves quality ethnic food, like chimichangas, fajitas, burritos , & much more. <i>Please sign up asap, seating is limited.</i>	<h1>FEBRUARY 2019</h1> <p><i>Assisted Living</i></p>		ACTIVITY LOCATOR KEY	February Birthdays Maria Reiter turning 105 on the 1st! Dorothea O'Hagan the 1st Dora Giugliano the 4th Art Barstow the 8th Frances Pickrell the 12th Joyce Spruiell the 18th Mildred McQuaid the 25th	