

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY														
<p><u>Note:</u> Activities in bold depict special programs such as live entertainment, religious services, & Watermark University Classes</p>	<p>Dates to Remember</p> <p>Friday, 2/1: Catholic Mass Sunday, 2/3: Superbowl Sunday Tuesday, 2/5 :Drumming Circle Wednesday, 2/6: Resident Council Thursday, 2/7: Exercise w. Tyrone Friday, 2/8: Ethan Stone performs Saturday, 2/9: Art Therapy w. Carol</p>	<p>Dates to Remember</p> <p>Tuesday, 2/12: Discovery Lecture Wednesday, 2/13: Jeff the Plant Guy Thursday, 2/14: Exercise w. Tyrone Friday, 2/15: John Paolilo performs Saturday, 2/16: Service w. Pastor O'Dell</p>	<p>Dates to Remember</p> <p>Tuesday, 2/19: East Chicago Joe Wednesday, 2/20: Veteran's Club Thursday, 2/21: Men's Breakfast Outing Thursday, 2/21: Exercise w. Tyrone Saturday, 2/23: Mickey Wyllys performs</p>	<p>Dates to Remember</p> <p>Tuesday, 2/26: Willie Nininger performs Wednesday, 2/27: Food for Thought Thursday, 2/28: Exercise w. Tyrone Thursday, 2/28: Mixology 101 (in pub)</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM-Walking Club 1:00PM-Rosary in Library 1:30PM-Catholic Mass w/Father 3:30PM- Art of Aromatherapy: Boost Your Immune System 6:00PM-Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM- "All Faith" Spiritual Gathering of Prayer 1:30PM- Therapeutic Art with Sterling 3:30PM- Family Feud 6:00PM- Nightly News</p>														
<p>Superbowl Sunday 9:30AM-Mass @ St. Michael's 9:45AM-Music/Motion Exercise 10:00AM-Mass on TV Act Room 1:30PM- Cinema Sunday: Breakfast at Tiffany's (Act. room) 3:30PM-Coffee Social in Café 6:30PM-Superbowl Party!</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM- Walking Club 1:00PM-Rosary in Library 1:30PM- Good News Only 3:00PM- Happy Hour in Pub 6:00PM- Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:00AM- Painting w/Pam 10:30AM-Drumming Circle 1:00PM-Rosary in Library 1:30PM- Valentine Pen Pal 3:30PM- Memories in Ink 6:00PM-Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM- Resident Council 11:30AM- Lunch Outing 1:00PM-Rosary in Library 1:30PM- Poetry Circle 2:00PM- Flower Arranging 2:30PM- History in the Making 6:00PM- Nightly News</p>	<p>9:45AM- Exercise with Tyrone 10:45AM- Horoscope Readings 1:00PM-Rosary in Library 1:30PM- Current Events 3:00PM- Happy Hour in Pub 3:45PM-Pet Therapy w/Monroe 6:00PM- Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM-Walking Club 1:00PM-Rosary in Library 1:30PM- Ethan Stone performs 3:30PM- Valentine's Craft 6:00PM-Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM-Art Therapy with Carol 1:30PM- "All Faith" Spiritual Gathering of Prayer 3:30PM- The Price is Right 6:00PM-Nightly News</p>														
<p>9:30AM-Mass @ St. Michael's 9:45AM-Music/Motion Exercise 10:00AM-Mass on TV Act Room 10:30AM-Spiritual Sing Along 1:30PM- Cinema Sunday: Simon Birch (Act. room) 3:30PM-Manicures with Nayas 6:00PM-Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM- Walking Club 1:00PM-Rosary in Library 1:30PM- Wonders of Watercolor 3:00PM-Happy Hour in Pub 6:00PM-Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:00AM-Painting w/Pam 10:30AM- Discovery Lecture 1:00PM-Rosary in Library 1:30PM- Poetry Circle: Love Poems 3:30PM- Fun with Fleece 6:00PM-Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:00AM-Jeff the Plant Guy 1:00PM-Rosary in Library 1:30PM- Historic Tours Outing 3:30PM- Girl Scout Cookie Tasting 6:00PM-Nightly News</p>	<p>Valentine's Day 9:45AM- Exercise with Tyrone 10:45AM- Horoscope Readings 1:00PM-Rosary in Library 1:30PM- Current Events 3:00PM- Happy Hour in Pub 3:45PM-Pet Therapy w/Monroe 6:00PM- Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM-John Paolilo performs 1:00PM-Rosary in Library 1:30PM- Quick Culinary Creations 3:30PM- Let's Dance! 6:00PM-Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM- "All Faith" Spiritual Gathering of Prayer 1:30PM- Therapeutic Art w/Sterling 3:00PM- Service w/Pastor O'Dell 6:00PM-Nightly News</p>														
<p>9:30AM-Mass @ St. Michael's 9:45AM-Music/Motion Exercise 10:00AM-Mass on TV Act Room 10:30AM-Spiritual Sing Along 1:30PM- Cinema Sunday: The Sound of Music (Act. room) 3:30PM-Manicures with Nayas 6:00PM-Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM-Walking Club 1:00PM-Rosary in Library 1:30PM- Good News Only 3:00PM-Happy Hour in Pub 6:00PM- Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:00AM-Painting w/Pam 10:30AM-Bean Bag Bonanza 1:00PM-Rosary in Library 1:30PM-East Chicago Joe performs 3:30PM- Scrapbooking Club 6:00PM- Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM- Reflections of Retired Heroes (Veteran's Group) 1:00PM-Rosary in Library 1:30PM- National Parks & Historic Places w/ Patti 3:30PM- Sewing with Sterling 6:00PM-Nightly News</p>	<p>9:00AM- Men's Breakfast Outing 9:45AM- Exercise with Tyrone 10:45AM- Horoscope Readings 1:00PM- Rosary in Library 1:30PM- Current Events 3:00PM- Happy Hour in Pub 3:45PM- Pet Therapy w/Monroe 6:00PM- Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:00AM-Walking Club 1:00PM-Rosary in Library 1:30PM- DIY Recipe Jars 3:30PM- Virtual Vacations 6:00PM- Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM- "All Faith" Spiritual Gathering of Prayer 1:30PM-Mickey Wyllys performs 3:30PM- Charades 6:00PM-Nightly News</p>														
<p>9:30AM-Mass @ St. Michael's 9:45AM-Music/Motion Exercise 10:00AM-Mass on TV Act Room 10:30AM-Spiritual Sing Along 1:30PM- Cinema Sunday: Showboat (Act. room) 3:30PM-Manicures with Nayas 6:00PM-Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:30AM- Walking Club 1:00PM-Rosary in Library 1:30PM- Butter 101 3:00PM-Happy Hour in Pub 6:00PM- Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:00AM-Painting w/Pam 10:30AM-Bowling to the Beatles 1:00PM- Rosary in Library 1:30PM-Willie Nininger performs 3:30PM- Soap-Making Class! 6:00PM- Nightly News</p>	<p>9:45AM-Morning Exercise w/CL 10:00AM-Food For Thought 1:00PM- Rosary in Library 1:30PM- Scenic Drive Outing 3:30PM- Sunshine Club 6:00PM- Nightly News</p>	<p>9:45AM- Exercise with Tyrone 10:45AM- Horoscope Readings 1:00PM-Rosary in Library 1:30PM- Good News Only 3:00PM- Mixology 101 (pub) 3:45PM-Pet Therapy w/Monroe 6:00PM-Nightly News</p>																
<p>Resident Outing Wednesday, February 27th Plan to depart at 1:15 PM Historic Tours of Western MA is a new W.U. course where residents will enjoy a scenic drive to explore local landmarks & historic regions in nearby towns. <i>Please sign up asap, seating is limited.</i></p>	<p>Resident Lunch Outing Wednesday, February 6th Plan to depart at 11:15 AM Lunch at the Frontera Grill Satisfy your hunger for authentic Mexican and Mexican-American food at Frontera Grill in Springfield, MA. Our locally-owned-and-operated restaurant serves quality ethnic food, like chimichangas, fajitas, burritos, and much more. <i>Please sign up asap, seating is limited.</i></p>	<p>ACTIVITY LOCATOR KEY</p>		<p>February Birthdays</p> <table> <tr><td>Maria Reiter</td><td>turning 105 on the 1st!</td></tr> <tr><td>Dorothea O'Hagan</td><td>the 1st</td></tr> <tr><td>Dora Giugliano</td><td>the 4th</td></tr> <tr><td>Art Barstow</td><td>the 8th</td></tr> <tr><td>Frances Pickrell</td><td>the 12th</td></tr> <tr><td>Joyce Spruiell</td><td>the 18th</td></tr> <tr><td>Mildred McQuaid</td><td>the 25th</td></tr> </table>			Maria Reiter	turning 105 on the 1st!	Dorothea O'Hagan	the 1st	Dora Giugliano	the 4th	Art Barstow	the 8th	Frances Pickrell	the 12th	Joyce Spruiell	the 18th	Mildred McQuaid	the 25th
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