

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Note:</u> Activities in bold depict special programs such as live entertainment, outings, & religious services.</p>	<p>Dates to Remember 8/2 Catholic Mass w/ Father Wayne 8/6 Rob Marona Performs 8/7 Night Outing! Summer Concert (Union Jack) 8/10 Art Therapy w/Carol 8/14 Night Outing! Summer Concert (Dan Kane and Friends)</p>	<p>Dates to Remember 8/17 Mickey Wyllys Performs 8/20 Willie & Jan Hawaiian Luau 8/27 Jack Dunham Performs 8/30 Drum Circle w/ Tim Kane 8/31 Church w/ Pastor O'Dell</p>	<p>Lunch Outing to Friendly's Come Join us for some delicious food at the local East Longmeadow Friendly's. Save room for icecream! Wednesday, August 7th Plan to depart by 11:30AM <i>Please sign up at the front desk, seating is limited.</i></p>	<p>9:30AM-Fittersitters w/CL 10:30AM-Hearthside Book Club 12:00PM-Lunch 1:30PM- Aqua Paintings 3:30PM- Name that Sound 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Senior Golden Moves 10:30AM- Walking Club 12:00PM-Lunch 1:30PM- Bird Talk w/CL 3:30PM- Thriving Thru Music 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Morning Exercise w/CL 10:30AM-Sentimental Sing Along 12:00PM-Lunch 1:30PM-Color Bingo 3:30PM-Manicures w/Nayas 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>
<p>9:30AM-Fittersitters w/CL 10:30AM-Mass on TV 12:00PM-Lunch 1:30PM-Patio Social 3:30PM-Spiritual Sing-A-Long 4:30PM-Engagement Baskets 6:00PM-Nightly News</p>	<p>9:30AM-Morning Exercise w/CL 10:30AM-Walking Club 12:00PM- Lunch 1:30PM- Picture Bingo 3:30PM- Singalong in Courtyard 4:30PM-Engagement Baskets 5:00PM- Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Music & Motion w/CL 10:30AM-Smoothie Tuesday 12:00PM-Lunch 1:30PM- Rob Marona Performs 3:30PM-Spa day, Nails & More 4:30PM- Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>10:00AM-Exercise with Tyrone! 11:30PM: Lunch Outing! 12:00PM-Lunch 1:30PM-Patio Social 3:30PM-Word Soup Game 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Fittersitters w/CL 10:30AM-Hearthside Book Club 12:00PM-Lunch 1:30PM- Aqua Paintings 3:30PM- Name that Sound 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Senior Golden Moves 10:30AM- Walking Club 12:00PM-Lunch 1:30PM- Cheerio Bird Feeders 3:30PM- Thriving Thru Music 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Morning Exercise w/CL 10:30AM-Art Therapy w/Carol 12:00PM-Lunch 1:30PM- Color Bingo 3:30PM- Iced Tea on the Patio 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>
<p>9:30AM-Fittersitters w/CL 10:30AM-Mass on TV 12:00PM-Lunch 1:30PM-Spiritual Sing-A-Long 3:30PM-Manicures w/Nayas 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Morning Exercise w/CL 10:30AM- Walking Club 12:00PM- Lunch 1:30PM- Silly Hats in Courtyard 3:30PM- Memory Magic 4:30PM-Engagement Baskets 5:00PM- Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Music & Motion w/CL 10:30AM-W.U. Sensory Science 12:00PM-Lunch 1:30PM- Making Memories 3:30PM- Dear Abby Discussion 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Stretching w/CL 10:30AM-Baking Club! 12:00PM-Lunch 1:30PM- Singalong in Courtyard 3:30PM-Outdoor Patio Walk 3:30PM-Call to Mind Game 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Fittersitters w/CL 10:30AM-Hearthside Book Club 12:00PM-Lunch 1:30PM-Finish the Phrase 3:30PM- Armchair Traveling 4:30PM-Engagement Baskets 6:30PM-Nightly News</p>	<p>9:30AM-Senior Golden Moves 10:30AM-Walking Club 12:00PM-Lunch 1:30PM- Bird Talk w/CL 3:30PM- Thriving Thru Music 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Morning Exercise w/CL 10:30AM-Sentimental Sing Along 12:00PM-Lunch 1:30PM- Mickey Wyllys Performs 3:30PM- Manicures w/Nayas 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>
<p>9:30AM-Fittersitters w/CL 10:30AM-Mass on TV 12:00PM-Lunch 1:30PM-Patio Social 3:30PM-Spiritual Sing-A-Long 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Morning Exercise w/CL 10:30AM-Walking Club 12:00PM-Lunch 1:30PM- Chair Volleyball 3:30PM-Memory Magic 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Music & Motion w/CL 10:30AM-W.U. Sensory Science 12:00PM-Lunch 1:30PM- Patio Social 3:30PM-Read Aloud w/CL 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Willie & Jan Hawaiian Luau Party!</p>	<p>9:30AM-Stretching w/CL 10:00AM-Exercise with Tyrone! 12:00PM-Lunch 1:30PM- Cookie Social 3:30PM- Summertime Sing Along 4:30PM-Engagement Baskets 6:00PM-Nightly News</p>	<p>9:30AM-Fittersitters w/CL 10:30AM-Hearthside Book Club 12:00PM-Lunch 1:30PM- Kinetic Sand Art 3:30PM- Name that Sound 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Senior Golden Moves 10:30AM-Walking Club 12:00PM-Lunch 1:30PM- Bird talk w/CL 3:30PM- Thriving Thru Music 4:30PM-Engagement Baskets 6:00PM-Nightly News</p>	<p>9:30AM-Morning Exercise w/CL 10:30AM-Sentimental Sing Along 12:00PM-Lunch 1:30PM- Finish the Phrase 3:30PM-Iced Tea on the Patio 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>
<p>9:30AM-Fittersitters w/CL 10:30AM-Mass on TV 12:00PM-Lunch 1:30PM-Patio Social 3:30PM-Manicures w/Nayas 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Morning Exercise w/CL 10:30AM- Walking Club 12:00PM-Lunch 1:30PM- Color Bingo 3:30PM- Sing Along on the Patio 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Music & Motion w/CL 10:30AM-W.U. Sensory Science 12:00PM-Lunch 1:30PM- Jack Dunham Performs 3:30PM- Memory Magic 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Stretching w/CL 10:30AM-Baking Club! 12:00PM-Lunch 1:30PM- Puzzle Time 3:30PM-Call to Mind Game 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Fittersitters w/CL 10:30AM-Hearthside Book Club 12:00PM-Lunch 1:30PM- Kinetic Sand Art 3:30PM- Name that Sound 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>	<p>9:30AM-Senior Golden Moves 10:30AM-Walking Club 10:45AM-Drumming Circle w/Tim 12:00PM-Lunch 1:30PM- Folding and Sorting 3:30PM- Thriving Thru Music 4:30PM-Engagement Baskets 6:00PM-Nightly News</p>	<p>9:30AM-Morning Exercise w/CL 10:30AM-Sentimental Sing Along 12:00PM-Lunch 1:30PM- Finish the Phrase 3:30PM-Iced Tea on the Patio 4:30PM-Engagement Baskets 5:00PM-Dinner 6:00PM-Nightly News</p>
<p>Resident Outing Night Outing! Summer Concert (Union Jack) Night Outing! Summer Concert (Dane Kane and Friends) 8/7 and 8/14 Bus Leaves @ 615PM <i>Please sign up at the front desk, seating is limited.</i></p>	<p>Exercise with Tyrone Certified Arthritis Instructor Tyrone Buckner will be leading an exercise program for Pathways residents at 10:00AM on Wednesday Aug 7th & 21st</p>	<p>AUGUST 2019 Pathways</p>			<p>ACTIVITY LOCATOR KEY</p>	<p>Aug Birthdays Robert McMahon 2nd Louis Musto 3rd Barbara Daboul 4th Lois Schatzel 8th Robert Harrington 9th Bob Burger 18th Julian Zawacki 19th</p>