

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<u>Note:</u> Activities in <b>bold</b> depict special programs such as, live entertainment, religious services, & Watermark University classes		9:45AM- Morning Exercise w/CL 10:00AM- <b>WU: Pam's Painting Class #2</b> 1:30PM- <b>Tony Rarus Entertains</b> 3:30PM- <b>Therapy Goat Visits</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Resident Council</b> 1:30PM- <b>Vicki Rose Performs</b> 3:00PM- <b>Shaker Bowl Out Trip</b> 6:30PM- <b>Word Game Wednesday</b>	9:45AM- <b>Exercise with Tyrone</b> 1:30PM- <b>WU: Current Events Around The World with Annalee</b> 3:30PM- <b>Happy Hour in the Pub</b> 6:30PM- <b>Coffee &amp; Conversation @ The Cafe</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Crossword With Mike</b> 1:30PM- <b>Catholic Mass with Father Wayne</b> 3:30PM- <b>WU: Introduction to Card Making with Jeri</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Spiritual Readings &amp; Trivia</b> 1:30PM- <b>Triple Bingo</b> 3:30PM- <b>Cafe Social w/refreshments</b> 6:30PM- <b>Scrabble Saturday</b>	
9:30AM- Mass @ St. Michael's 9:45AM- Music/Motion Exercise 10:00AM- Mass on TV Act. Room 10:30AM- Spiritual Sing-a-long 1:30PM- <b>Cinema Sunday</b> 3:30PM- <b>Manicures w/Nayas</b> 6:30PM- <b>Assorted games/Nayas</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Early Bird Bingo</b> 1:30PM- <b>WU: Good News Only</b> 3:30PM- <b>Happy Hour in Pub</b> 6:30PM- <b>Comedy Night: The Best of Jack Benny</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>WU: Pam's Painting Class #1</b> 10:30AM- <b>Discovery Series: Low Vision</b> 1:30PM- <b>Tony Rarus Entertains</b> 3:30PM- <b>WU: Dog Breeds &amp; Behaviors with Judy</b>	10:00AM- <b>WU: Jeff The Plant Guy/Horticultural Class</b> 11:00PM- <b>FoliageTrip/Luncheon</b> 3:30PM- <b>Brain Teasers</b> 6:30PM- <b>Word Game Wednesday</b>	9:45AM- <b>Exercise with Tyrone</b> 1:30PM- <b>WU: Current Events Around The World with Annalee</b> 3:30PM- <b>Happy Hour in the Pub</b> 6:30PM- <b>Coffee &amp; Conversation @ The Cafe</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>WU: Drum Circle w/Tim Kane</b> 1:30PM- <b>Name That Tune</b> 3:30PM- <b>Cafe Social with Refreshments</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>WU: Art Therapy with Carol</b> 1:30PM- <b>Triple Bingo</b> 3:30PM- <b>Cafe Social w/refreshments</b> 6:30PM- <b>Scrabble Saturday</b>	
9:45AM- Music/Motion Exercise 10:00AM- Mass on TV Act. Room 10:30AM- Spiritual Sing-a-long 1:30PM- <b>Cinema Sunday</b> 3:30PM- <b>Manicures w/Nayas</b> 6:30PM- <b>Assorted games/Nayas</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Early Bird Bingo</b> 1:30PM- <b>WU: Good News Only</b> 3:30PM- <b>Happy Hour in Pub</b> 6:30PM- <b>Comedy Night: The Carol Burnett Show</b>	9:45AM- Morning Exercise w/CL 10:00AM- <b>WU: Pam's Painting Class #2</b> 1:30PM- <b>Kevin Paul Performs</b> 3:30PM- <b>Brain Teasers</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>WU: Reflections of Retired Veterans</b> 1:30PM- <b>WU: National Parks &amp; Historic Sights w/Patti</b> 3:30PM- <b>Auction</b> 6:30PM- <b>Word Game Wednesday</b>	9:45AM- <b>Exercise with Tyrone</b> 1:30PM- <b>WU: Current Events Around The World with Annalee</b> 3:30PM- <b>Happy Hour in the Pub</b> 6:30PM- <b>Coffee &amp; Conversation @ The Cafe</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Crossword With Mike</b> 1:30PM- <b>WU: Tastes and Smells of Fall/ Baking</b> 3:30PM- <b>Cafe Social with Refreshments</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Spiritual readings &amp; Trivia</b> 1:30PM- <b>Triple Bingo</b> 3:30PM- <b>Cafe Social w/refreshments</b> 6:30PM- <b>Scrabble Saturday</b>	
9:30AM- Mass @ St. Michael's 9:45AM- Music/Motion Exercise 10:00AM- Mass on TV Act. Room 10:30AM- Spiritual Sing-a-long 1:30PM- <b>Cinema Sunday</b> 3:30PM- <b>Manicures w/Nayas</b> 6:30PM- <b>Assorted games/Nayas</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Early Bird Bingo</b> 1:30PM- <b>Pumpkin Decorating</b> 3:30PM- <b>Happy Hour in Pub</b> 6:30PM- <b>Comedy Night: The Best of Victor Borge</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Morning Walk</b> 1:30PM- <b>Jack Dunham Performs</b> 3:30PM- <b>Ice Cream Social</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Food For Thought</b> 2:00PM- <b>WU: Flower Arranging with Jess</b> 3:30PM- <b>Sunshine Club</b> 6:00PM- <b>Casino Night</b>	8:00AM- <b>Men's Breakfast</b> 9:45AM- <b>Exercise with Tyrone</b> 1:30PM- <b>WU: Current Events Around The World with Annalee</b> 3:30PM- <b>Happy Hour in the Pub</b> 6:30PM- <b>Coffee &amp; Conversation @ The Cafe</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Crossword With Mike</b> 1:30PM- <b>Laughter Class</b> 3:30PM- <b>Cafe Social with Refreshments</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Spiritual Readings &amp; Trivia</b> 1:30PM- <b>Triple Bingo</b> 3:30PM- <b>Service with Pastor O'Dell</b> 6:30PM- <b>Scrabble Saturday</b>	
9:30AM- Mass @ St. Michael's 9:45AM- Music/Motion Exercise 10:00AM- Mass on TV Act. Room 10:30AM- Spiritual Sing-a-long 1:30PM- <b>Cinema Sunday</b> 3:30PM- <b>Manicures w/Nayas</b> 3:45PM- <b>Hockey Game Trip</b> 6:30PM- <b>Assorted games/Nayas</b>	9:45AM- Morning Exercise w/CL 10:30AM- <b>Early Bird Bingo</b> 1:30PM- <b>WU: Oktoberfest and German Traditions/ Culture</b> 3:30PM- <b>WU: Intro to Poetry</b> 5:00PM- <b>Oktoberfest Dinner</b> 6:30PM- <b>Comedy Night: Red Skelton</b>	9:45AM- Morning Exercise w/CL 10:00AM- <b>WU: Pam's Painting Class #1</b> 1:30PM- <b>Jim Harkins Performs for the Monthly Birthday Party</b> 3:30PM- <b>Wii Bowling</b>	10:00AM <b>Exercise w/ Tyrone</b> 1:30PM- <b>WU: Nutritional Education by the Dietitian</b> 3:30PM- <b>Halloween Crafts</b> 6:30PM- <b>Word Game Wednesday</b>	10:00AM- <b>Trick or Treating with The Arbors Kids</b> 1:30PM- <b>WU: Current Events Around The World with Annalee</b> 3:30PM- <b>Happy Hour in the Pub</b> 6:30PM- <b>Coffee &amp; Conversation @ The Cafe</b>		<b>Resident Outings</b> 10/01 <b>Shaker Bowl- 3:00PM</b> 10/9 <b>Foliage Trip &amp; Lunch at Outlook Farms, Williamsburg Country Store</b> 10/24 <b>Men's Breakfast-8:00AM</b> Reid's Diner in Hampden, MA 10/27 <b>Hockey Game-3:45PM</b>	
<b>Dates to Remember</b> 10/1 <b>Tony Rarus Performs</b> 10/2 <b>Vicki Rose Performs</b> 10/4 <b>Catholic Mass w/Fr. Wayne</b> 10/8 <b>Kevin Paul Entertains</b> 10/11 <b>Auction</b> 10/12 <b>Art Therapy w/Carol</b> 10/15 <b>Country Duo Entertains</b>	<b>Dates to Remember</b> 10/22 <b>Jack Dunham Performs</b> 10/23 <b>Casino Night</b> 10/26 <b>Church w/Pastor O'Dell</b> 10/29 <b>Jim Harkins Performs</b> 10/31 <b>Trick or Treating w/ The Arbors Kids</b>	<h1>OCTOBER 2019</h1> <p><i>Assisted Living</i></p>			<b>ACTIVITY LOCATOR KEY</b>		<b>Happy Birthday!</b> Isabel Heffernan 1st Susan Weiss 5th Debbie Crafts 7th Beatrice Thomas 17th Florence Sheehan 19th Phyllis Farrell 25th Katherine Lambert 30th