

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<i>Note:</i> Activities in bold depict special programs, such as, live entertainment, religious services & Watermark University Classes		9:45AM- Morning Exercise 10:30AM- Smoothie Tuesday 12:00PM- Lunch 1:30PM- Tony Rarus Performs 3:30PM- Armchair Volleyball 5:00PM- Dinner 6:30PM- Sing-A-Long	9:45AM- Morning Exercise 10:30AM- Baking With Judy 12:00PM- Lunch 1:30PM- Vicki Rose Entertains 3:30PM- Stimulate Your Mind 5:00PM- Dinner 6:30PM- Bingo	9:45AM- Exercise w/Tyrone 12:00PM- Lunch 1:30PM- Arts & Crafts 3:30PM- Happy Hour 5:00PM- Dinner 6:30PM- Sing-A-Long	9:45AM- Morning Exercise 10:30AM- Walking Club 12:00PM- Lunch 1:30PM- Catholic Mass w/ Father Wayne 3:30PM- Bingo 5:00PM- Dinner 6:30PM- Game Shows	9:45AM- Morning Exercise 10:30AM- Hymn Sing 12:00PM- Lunch 1:30PM- Triple Bingo 3:30PM- Cafe Social 5:00PM- Dinner 6:30PM- Music	
9:45AM- Music/Motion Exercise 10:30AM- Mass on TV 12:00PM- Lunch 1:30PM- Cinema Sunday 3:30PM- Manicures w/Nayas 5:00PM- Dinner 6:30PM- Music	9:45AM- Morning Exercise 10:30AM- Quiz Time 12:00PM- Lunch 1:30PM- Bean Bag Toss 3:30PM- Happy Hour 5:00PM- Dinner 6:30PM- Game Shows	9:45AM- Morning Exercisew/CL 10:30AM- Smoothie Tuesday 12:00PM- Lunch 1:30PM- Kevin Paul Performs 3:30PM- Color Me Calml 5:00PM- Dinner 6:30PM- Sing-A-Long	10:00AM- Jeff The Plant Guy 12:00PM- Lunch 1:30PM- Hearthside Book Club 3:30PM- Stimulate Your Mind 5:00PM- Dinner 6:30PM- Bingo	9:45AM- Exercise w/Tyrone 12:00PM- Lunch 1:30PM- Arts & Crafts 3:30PM- Happy Hour 5:00PM- Dinner 6:30PM- Sing-A-Long	9:45AM- Morning Exercise w/CL 10:30AM- Project Day 12:00PM- Lunch 1:30PM- Bean Bag Toss 3:30PM- Bingo 5:00PM- Dinner 6:30PM- Game Shows	9:45AM- Morning Exercise 10:30AM- Art Therapy W/Carol 12:00PM- Lunch 1:30PM- Triple Bingo 3:30PM- Cafe Social 5:00PM- Dinner 6:30PM- Music	
9:45AM- Music/Motion Exercise 10:30AM- Mass on TV 12:00PM- Lunch 1:30PM- Cinema Sunday 3:30PM- Manicures w/Nayas 5:00PM- Dinner 6:30PM- Music	9:45AM- Morning Exercise 10:30AM- Canvas Painting 12:00PM- Lunch 1:30PM- Build A Scarecrow 3:30PM- Happy Hour 5:00PM- Dinner 6:30PM- Game Shows	9:45AM- Morning Exercisew/CL 10:30AM- Smoothie Tuesday 12:00PM- Lunch 1:30PM- Country Duo Performs 3:30PM- Indoor Mini Golf 5:00PM- Dinner 6:30PM- Sing-A-Long	9:45AM- Morning Exercise w/CL 10:30AM- Baking With Judy 12:00PM- Lunch 1:30PM- Hayride at Westview Farms Creamery 3:30PM- Stimulate Your Mind 5:00PM- Dinner 6:30PM- Bingo	9:45AM- Exercise w/Tyrone 12:00PM- Lunch 1:30PM- Decorate Pumpkins 3:30PM- Happy Hour 5:00PM- Dinner 6:30PM- Sing-A-Long	9:45AM- Morning Exercise w/CL 10:30AM- Walking Club 12:00PM- Lunch 1:30PM- Make a Meal 3:30PM- Bingo 5:00PM- Dinner 6:30PM- Game Shows	9:45AM- Morning Exercise 10:30AM- Hymn Sing 12:00PM- Lunch 1:30PM- Triple Bingo 3:30PM- Facials 5:00PM- Dinner 6:30PM- Music	
9:45AM- Music/Motion Exercise 10:30AM- Mass on TV 12:00PM- Lunch 1:30PM- Cinema Sunday 3:30PM- Manicures w/Nayas 5:00PM- Dinner 6:30PM- Music	9:45AM- Morning Exercise 10:30AM- Quiz Time 12:00PM- Lunch 1:30PM- Halloween Decorating 3:30PM- Happy Hour 5:00PM- Dinner 6:30PM- Game Shows	9:45AM- Morning Exercisew/CL 10:30AM- Smoothie Tuesday 12:00PM- Lunch 1:30PM- Jack Dunham Performs 3:30PM- Tie Dye t-Shirts 5:00PM- Dinner 6:30PM- Sing-A-Long	9:45AM- Morning Exercise w/CL 10:30AM- Hearthside Book Club 12:00PM- Lunch 1:30PM- Music Trivia 3:30PM- Stimulate Your Mind 5:00PM- Dinner 6:30PM- Bingo	9:45AM- Exercise w/Tyrone 12:00PM- Lunch 1:30PM- Indoor Bowling 3:30PM- Happy Hour 5:00PM- Dinner 6:30PM- Sing-A-Long	9:45AM- Morning Exercise w/CL 10:30AM- Walking Club 12:00PM- Lunch 1:30PM- Projects 3:30PM- Armchair Volleyball 5:00PM- Dinner 6:30PM- Game Shows	9:45AM- Morning Exercise 10:30AM- Hymn Sing 12:00PM- Lunch 1:30PM- Triple Bingo 3:30PM- Religious Service w/Pastor O'Dell 5:00PM- Dinner 6:30PM- Music	
9:45AM- Music/Motion Exercise 10:30AM- Mass on TV 12:00PM- Lunch 1:30PM- Cinema Sunday 3:30PM- Manicures w/Nayas 5:00PM- Dinner 6:30PM- Music	9:45AM- Morning Exercise 10:30AM- Quiz Time 12:00PM- Lunch 1:30PM- Bean Bag Toss 3:30PM- Happy Hour 5:00PM- Dinner 6:30PM- Game Shows	9:45AM- Morning Exercisew/CL 10:30AM- Smoothie Tuesday 12:00PM- Lunch 1:30PM- Jim Harkins Performs for Monthly Birthdays! 3:30PM- Games of Choice 5:00PM- Dinner 6:30PM- Sing-A-Long	9:45AM- Morning Exercise w/CL 10:30AM- Baking With Judy 12:00PM- Lunch 1:30PM- Halloween Craft 3:30PM- Stimulate Your Mind 5:00PM- Dinner 6:30PM- Bingo	10:00AM- Trick or Treating w/ Arbors Kids 12:00PM- Lunch 1:30PM- Arts & Crafts 3:30PM- Happy Hour 5:00PM- Dinner 6:30PM- Sing-A-Long			
Dates to Remember 10/1 Tony Rarus performs 10/2 Vicki Rose Entertains 10/4 Catholic Mass w/Fr. Wayne 10/8 Kevin Paul Performs 10/12 Art Therapy w/Carol 10/15 Country Duo Entertains 10/22 Jack Dunham Performs	Dates to Remember 10/26 Church w/ Pastor O'Dell 10/29 Jim Harkins Performs 10/31 Trick or Treating with The Arbors Kids	<h1>OCTOBER 2019</h1> <p><i>Our Place</i></p>			ACTIVITY LOCATOR KEY	October Birthdays Isabel Heffernan 1st Susan Weiss 5th Debbie Crafts 7th Beatrice Thomas 17th Florence Sheehan 19th Phyllis Farrell 25th Katherine Lambert 30th	Resident Outing Hayride at Westview Farms Creamery Westview Farms creamery is located in Monson MA Included in the ride is pumpkin picking and ice cream! Wednesday, Oct. 16th at 1:30PM